

Community Newspapers of North Jersey Media Group welcomes press releases. Editing and publishing of releases is solely the decision of the editor of each individual publication. For your convenience, contact information is listed here.

Whenever possible, please e-mail your press release.

For Obituaries
obits@northjersey.com

For Advertisements
njcnproduction@northjersey.com

For Public Notices
publicnotices@northjersey.com

Acceptable Text File Types
Microsoft Word® (.doc), text file (.txt)

Acceptable Photo File Types
eps, tif, jpg, bmp (Resolution must be at least 150 dpi)

Compatible Applications
Adobe Acrobat®
QuarkXPress™
Adobe Photoshop®
Adobe Illustrator®
Macromedia Freehand™

(When e-mailing, please compress files and always include supporting art files and fonts).

Acceptable File Types
pdf (preferred)
eps
tif
jpg
bmp
(Resolution must be at least 150 dpi)

BERGEN COUNTY

Bogota Bulletin

Bogota
bogotabulletin@northjersey.com
210 Knickerbocker Road
Cresskill, NJ 07626-1343
Tel: 201/894-6725 Fax: 201/568-4360

Cliffside Park Citizen

Cliffside Park
210 Knickerbocker Road
Cresskill, NJ 07626-1343
201/894-6725 Fax: 201/568-4360
cliffsidepark@northjersey.com

The Chronicle

Hackensack, South Hackensack
hackensack@northjersey.com
210 Knickerbocker Road
Cresskill, NJ 07626-1343
201/894-6725 Fax: 201/568-4360

Community News

Elmwood Park, Fair Lawn, Saddle Brook, Garfield, Wallington, Hasbrouck Htgs., Lodi, Maywood, Rochelle Park, Wood-Ridge
communitynews@northjersey.com
12-38 River Road,
Fair Lawn, NJ 07410-1802
201-791-8994 Fax: 201/794-3259

Edgewater View

Edgewater
edgewater@northjersey.com
210 Knickerbocker Road
Cresskill, NJ 07626-1343
201/894-6720 Fax: 201/568-4360

Fort Lee Suburbanite

Fort Lee
fortlee@northjersey.com
210 Knickerbocker Road
Cresskill, NJ 07626-1343
201/894-6720 Fax: 201/568-4360

Franklin Lakes & Oakland Suburban News

Franklin Lakes, Oakland
suburbannews@northjersey.com
41 Oak St., Ridgewood, NJ 07450-3805
201/612-5416 Fax: 201/612-5421

Glen Rock Gazette

Glen Rock
glenrock@northjersey.com
41 Oak St., Ridgewood, NJ 07450-3805
201/612-5432 Fax: 201/612-5436

Leonia Life

Leonia
leonia@northjersey.com
210 Knickerbocker Road
Cresskill, NJ 07626-1343
201/894-6720 Fax: 201/568-4360

Little Ferry Local

Little Ferry
littleferrylocal@northjersey.com
210 Knickerbocker Road
Cresskill, NJ 07626-1343
Tel: 201/894-6725 Fax: 201/568-4360

Mahwah Suburban News

Mahwah
suburbannews@northjersey.com
41 Oak St., Ridgewood, NJ 07450-3805
201/612-5416 Fax: 201/612-5421

Midland Park Suburban News

Midland Park
suburbannews@northjersey.com
41 Oak St., Ridgewood, NJ 07450-3805
201/612-5416 Fax: 201/612-5421

Northern Valley Suburbanite

North Edition – Closter, Demarest, Harrington Park, Haworth, Northvale, Norwood, Old Tappan, Rockleigh
South Edition – Alpine, Cresskill, Englewood, Englewood Cliffs, Tenafly
suburbanite@northjersey.com
210 Knickerbocker Road
Cresskill, NJ 07626-1343
201/894-6700 Fax: 201/568-4360

Ramsey Suburban News

Ramsey
suburbannews@northjersey.com
41 Oak St., Ridgewood, NJ 07450-3805
201/612-5416 Fax: 201/612-5421

Pascack Valley Community Life

Emerson, Hillsdale, Montvale, Park Ridge, River Vale, Woodcliff Lake, Township of Washington, Westwood
pvcommunitylife@northjersey.com
372 Kinderkamack Road
Westwood, NJ 07675-1600
201/664-2501 Fax: 201/664-1332

Ridgefield Park Patriot

Ridgefield Park
rppatriot@northjersey.com
Cresskill, NJ 07626-1343
201/894-6725 Fax: 201/568-4360

The Ridgewood News

Ridgewood and surrounding area
ridgewoodnews@northjersey.com
41 Oak St., Ridgewood, NJ 07450-3805
201/612-5400 Fax: 201/612-5410

South Bergenite

Carlstadt, East Rutherford, Lyndhurst, North Arlington, Rutherford
southbergenite@northjersey.com
33 Lincoln Avenue,
Rutherford, NJ 07070-2112
201/933-1166 Fax: 201/933-5496

Suburban News/Village Gazette

Ridgewood
village@northjersey.com
41 Oak St., Ridgewood, NJ 07450-3805
201/612-5433 Fax: 201/612-5436

Teaneck Suburbanite

Teaneck
suburbanite@northjersey.com
210 Knickerbocker Road
Cresskill, NJ 07626-1343
201/894-6700 Fax: 201/568-4360

Town Journal

Allendale, Ho-Ho-Kus, Saddle River, Upper Saddle River
townjournal@northjersey.com
41 Oak St., Ridgewood, NJ 07450-3805
201/612-5434 Fax: 201/612-5436

Town News

Paramus, Oradell, River Edge
townnews@northjersey.com
41 Oak St., Ridgewood, NJ 07450-3805
201/612-5425 Fax: 201/612-5421

Twin-Boro News

Bergenfield, Dumont, New Milford
twinboro@northjersey.com
210 Knickerbocker Road
Cresskill, NJ 07626-1343
201/894-6715 Fax: 201/568-6209

Waldwick Suburban News

Waldwick
suburbannews@northjersey.com
41 Oak St., Ridgewood, NJ 07450-3805
201/612-5416 Fax: 201/612-5421

Wyckoff Suburban News

Wyckoff
suburbannews@northjersey.com
41 Oak St., Ridgewood, NJ 07450-3805
201/612-5416 Fax: 201/612-5421

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eps
tif
jpg
bmp
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ESSEX COUNTY

Belleville Times

Belleville
bellevilletimes@northjersey.com
90 Centre Street,
Nutley, NJ 07110-3270
973/667-2100 Fax: 973/667-3904

Bloomfield Life

Bloomfield
bloomfieldlife@northjersey.com
90 Centre Street,
Nutley, NJ 07110-3270
973/667-2100 Fax: 973/667-3904

Glen Ridge Voice

Glen Ridge
glenridgevoice@northjersey.com
90 Centre Street,
Nutley, NJ 07110-3270
973/667-2100 Fax: 973/667-3904

The Item of Millburn and Short Hills

Millburn, Short Hills
theitem@northjersey.com
343 Millburn Avenue, Suite 100
Millburn, N.J. 07041
973/921-6451 Fax: 973/921-6458

The Montclair Times

Montclair
contactus@montclairtimes.com
114 Valley Road,
Montclair, NJ 07042-2321
973/233-5000 Fax: 973/233-5032

Nutley Sun

Nutley
nutleysun@northjersey.com
90 Centre Street,
Nutley, NJ 07110-3270
973/667-2100 Fax: 973/667-3904

Verona-Cedar Grove Times

Cedar Grove, Verona
vcgtimes@northjersey.com
1 Garret Mountain Plaza, PO Box 471,
West Paterson, NJ 07424-0471
973/569-7340 Fax: 973/569-7344

PASSAIC, MORRIS & SUSSEX COUNTIES

Aim Jefferson

Lake Hopatcong, Oak Ridge,
Wharton (Lake Shawnee)
aim@northjersey.com
300 Kakeout Road,
Kinnelon, NJ 07405-2548
973/283-2279 Fax: 973/283-5623

Aim West Milford

Hewitt, Newfoundland, Oak Ridge,
West Milford
aim@northjersey.com
300 Kakeout Road,
Kinnelon, NJ 07405-2548
973/283-5614 Fax: 973/283-5623

Aim Sussex County

Franklin, Glenwood, Hamburg,
Highland Lakes, Stockholm, Vernon
sussexshopping@northjersey.com
300 Kakeout Road,
Kinnelon, NJ 07405-2548
973/283-2279 Fax: 973/283-5623

Argus

Butler, Kinnelon, Lincoln Park,
Pequannock, Pompton Lakes,
Pompton Plains, Riverdale,
argus@northjersey.com
300 Kakeout Road,
Kinnelon, NJ 07405-2548
973/283-5600 Fax: 973/283-5623

Clifton Journal

Clifton
cliftonjournal@northjersey.com
1187 Main Avenue, Suite 2D
Clifton, NJ 07011-2252
973/478-7958 Fax: 973/478-9754

The Gazette

Hawthorne, Haledon, North
Haledon, Prospect Park
thegazette@northjersey.com
12-38 River Road,
Fair Lawn, NJ 07410-1802
201-791-8994 Fax: 201/794-3259

Hackettstown Weekly News

Hackettstown
weeklynews@northjersey.com
100 Commons Way,
Rockaway, NJ 07866
973/586-8200 Fax: 973/586-8199

Mount Olive/Netcong Weekly News

Budd Lake, Flanders, Netcong
weeklynews@northjersey.com
100 Commons Way,
Rockaway, NJ 07866
973/586-8200 Fax: 973/586-8199

Neighbor News

Boonton, Boonton Twp., Denville,
Dover, Mine Hill, Montville, Mountain
Lakes, Pine Brook, Rockaway
Borough, Rockaway Twp., Towaco,
Victory Gardens, Wharton
neighbor@northjersey.com
100 Commons Way,
Rockaway, NJ 07866
973/586-8190 Fax: 973/586-8199

North Jersey Shopper

Currently does not accept press releases.

Parsippany Life

Lake Hiawatha, Morris Plains,
Parsippany
parsippanylife@northjersey.com
100 Commons Way,
Rockaway, NJ 07866
973/586-8190 Fax: 973/586-8199

Passaic Valley Today

Little Falls, West Paterson, Totowa
today@northjersey.com
1 Garret Mountain Plaza,
PO Box 471,
West Paterson, NJ 07424-0471
973/569-7340 Fax: 973/569-7344

Suburban Trends

Bloomington, Butler, Kinnelon,
Haskell, Pequannock, Pompton
Lakes, Pompton Plains, Ringwood,
Riverdale, Wanaque, West Milford
suburbantrends@northjersey.com
300 Kakeout Road,
Kinnelon, NJ 07405-2548
973/283-5600 Fax: 973/283-5623

Wayne Today

Wayne
today@northjersey.com
1 Garret Mountain Plaza,
PO Box 471,
West Paterson, NJ 07424-0471
973/569-7340 Fax: 973/569-7344

Su Guía

Clifton, Passaic, Paterson,
Englewood, Hackensack
sugua@northjersey.com
1187 Main Avenue, Suite 2D,
Clifton, NJ 07011-2252
973/253-2707 Fax: 973/478-9754

Preparing a Press Release

Policy

Community Newspapers of North Jersey Media Group is committed to providing local news coverage and information to its readers. The quality of its editorial content ensures that each paper will provide unquestionable value to its readers and advertisers alike.

While there is no guarantee of publication, all items submitted to the editor will be considered for publication.

Content is chosen at the discretion of the editor. Community news that has reader value and meets our standards for quality and newsworthiness has the best chance of being selected.

All submissions are subject to editing.

Sending photos

Photos for publication must be sharp images with high contrast.

Each photo must be accompanied by identification of the people shown (full names), place, purpose of event, date taken, name of person who took the picture, etc. When a photo is accompanied by a press release, either one or both may be used at the editor's discretion.

E-mail photos in eps, tif, jpg or bmp format. (Resolution must be at least 150 dpi).

Tips, Guidelines

1. Write in short, clear, direct sentences.
2. Include essential details such as contact information, including a phone number for more details, and location of the event.
3. Send your news release early. Allow editors enough time to read, edit, and process your information. Coming events command editors attention more than past events.
4. Include your name, postal and/or e-mail address, and phone number so we can contact you if necessary.
5. Remember the five W's: who, what, where, when, and why.
6. E-mail is best. Typed is next best. Handwritten material creates delays, often losing the opportunity to be published.
7. Send your release to the proper newspaper. All our contact information is printed in individual newspapers.
8. Do not send flyers or newsletters. Write a true news release with complete sentences.
9. Write in third person only.
10. Avoid unnecessary adjectives and adverbs. Embellishments will be edited out. They are permitted only in paid advertising space.

Finally ask yourself

Would you be interested in the item you're sending if it were not yours? If yes, proceed. If not, find another way to convey your message.